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# Shaken Not Stirred... A Chemo Cocktail: A Comedy About My Tragedy.



## Synopsis

Shaken Not Stirred... A Chemo Cocktail is the cancer chapter in my story. It's a series of postcards from the other side of breast cancer and chemo. Been there, done that, had to buy a new T-shirt. When the glass is half full, being optimistic is pretty much a 50/50 chance. But when I was staring at two empty cups in the mirror? Yikes! If that's not life handing out "lemons" then I don't know what is. And I know, everybody always says to "make lemonade" when you get a twist of your fate like that... but I guess I'm more of a lemontini kind of girl. Ha! The lemonade never sees the vodka coming. Now that's a twist I can dance. Shaken Not Stirred... A Chemo Cocktail is one part hope, a dash of bitter, a splash of sweet, with a twist of humor, and served on the rocks. It's a comedy about my tragedy. Yeah, I know cancer isn't funny. It sucks. But, I believe laughter heals. So hold still while I tickle your funny bone.

## Book Information

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## Customer Reviews

Just like the author, Joules is an excellent writer whose personal story is one worth reading whether or not you've had cancer. However, if you are living with cancer, her book will be the companion you take to every chemo treatment. Joules takes you on a journey that looks at the particular markers of living with the threat of terminal disease while showing an intrinsic optimism about life and its joys. This is not a sappy book filled with the kinds of platitudes you might expect. Rather, Joule's wry look at cancer and embracing life as it comes will cause any of us to pause and be thankful, but also remind us that none of us has a "system of control" for this thing called life. Rather, the journey enriches us, no matter how bad the diagnosis initially appears to be. Also impressed with her use of

music to add depth and texture to her prose. Worth reading and sharing!

A great read! It's a look into what a breast cancer patient goes through, and I appreciated gaining a better understanding. Joules made me laugh and she made me cry. It was an inspiring story about how she took the bitch of cancer head on, and I enjoyed reading about how this affected not only her, but her husband and three children as well. This is a brilliantly written book. I was at first skeptical about how someone could write a comedy about their tragedy, but she blew it out of the water! I am purchasing a hard copy to give to a friend going through breast cancer now.

As a mother of a daughter with cancer this book really hit home. Doesn't matter what type of cancer you have, we are all in this together and can relate. This book had me laughing and crying. Joules is an amazing and inspiring person and this reflects in her writing. This book is definitely a **MUST READ!**

Absolutely brilliant. Only through the rear-view can we understand what good can come from suffering. And for Joules Evans not only did she kick cancer's butt, but she didn't let it have the last word either. Her book is the simple story of a wife and mother doing something really not-so-extraordinary in an extraordinary way. She opens up the nitty-gritty of her life to show the reader the real struggle that comes with the "C" word. She gives a face to the countless whose story of recovery never gets told, and a voice to those who weren't so lucky to have one. It grips the heart. A must read for anyone hoping to understand that the road through pain is paved by the vitality of the human spirit, and that joy and love truly are the only medicines that can overcome death. This wonderful book leaves you smiling, feeling as if you caught a glimpse into the soul, knowing that your experience of life will be deeper and clearer because of it.

Shew. This book is the real deal. I was drawn in from page one due to Joules quirky, endearing and raw sense of vulnerability in sharing her story. I found myself laughing, crying (as in the ugly kind of cry) and laughing again within the same page because of Joules amazing writing style. I also found myself quickly turning pages to see what would happen next and then abruptly putting the book down to go hug my kids as I would read about the "redheads" and the heartache they endured walking this scary, uncertain road with their mom. Whether you are facing a similar diagnosis, have someone you love going through a cancer battle or even if you are not affected by it at all in this season, you will be so glad you read this book. Shaken Not Stirred is a great read, offers great

perspective no matter what season of life you are in and I HIGHLY recommend it!

Everyone, this is a must read. If you don't want sleep through life then get this book. You will laugh & cry but you will be changed for the better!

Joules does a great job in revealing her funny, honest, and friendly personality in this book. I met Joules at a local writers group just as Shaken Not Stirred was going into production and I can tell you-she's the real thing. She can talk to anybody about anything. She writes about her battle with cancer and her faith without being syrupy or preachy-and that is very difficult to accomplish. This is the kind of book you can give to a friend battling cancer and know that he or she will laugh and be encouraged to fight and hold onto hope! It won't matter if they are a Christian, other faith, or non-religious; Joules has the knack of respecting and loving everybody, but all the while hating cancer. I better understood what some of my friends and relatives have gone through with their chemo treatments. Thanks to Joules' book I have more empathy (and got a few good laughs as well!)

A great book to read. I got it because it was free and the description sounded like it might be good. I couldn't put it down and I could relate to her humor, love her sense of humor! Candid and insightful and realistic - I have a whole new perspective on what someone goes through when they get diagnosed with cancer. I found myself cheering her (Joules) on and her family too. A wonderful story!

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